



PERFORMANCE MEDICINE

HORMONE & STOOL TESTING MENU

DUTCH (Dried Urine Testing for Comprehensive Hormones):

DUTCH Complete..... \$350

- Comprehensive Sex Hormones and Metabolites
- Diurnal Rhythm of Cortisol
- Cortisol Metabolism
- Organic Acids + Overnight Melatonin

DUTCH Plus..... \$450

- Comprehensive Sex Hormones and Metabolites
- Diurnal Rhythm of Cortisol
- Cortisol Metabolism
- Cortisol Awakening Response (CAR)
- Insomnia Cortisol Sample
- Organic Acids + Overnight Melatonin

Cortisol Awakening Response (CAR).....\$220

- Hypothalamic-Pituitary-Adrenal (HPA) Axis Function
- Stress Response & Resilience
- Burnout and Adrenal Dysfunction
- Circadian Rhythm Balance

Organic Acid Testing (OATS).....\$220

- Organic Acid Testing (OATS)
- Mitochondrial & Cellular Energy Production
- Neurotransmitter Metabolites
- Nutritional & Antioxidant Status
- Detoxification & Methylation
- Oxalate Metabolites

Sex Hormones.....\$220

- Sex Hormones
- Estradiol (Estrogen)
- Progesterone
- Follicle-Stimulating Hormone (FSH)
- Luteinizing Hormone (LH)
- Sex Hormone-Binding Globulin (SHBG)



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HORMONE & STOOL TESTING MENU

STOOL TESTING:

Gut Zoomer.....\$615

- Microbial Diversity & Composition
- Pathogens & Infections
- Intestinal Inflammation & Immune Markers
- Gut Barrier Integrity (Leaky Gut)
- Digestion & Absorption
- Metabolites & Short-Chain Fatty Acids
- Neurotransmitters

GI MAP..... \$400

- Bacterial Pathogens
- H. pylori & Virulence Factors
- Commensal & Beneficial Bacteria
- Opportunistic Bacteria
- Fungi and Yeast
- Parasites, Protozoa, and Worms
- Viruses
- Antibiotic Resistance Genes
- Digestion
- Inflammation
- Immune Function
- Intestinal Permeability (Leaky Gut)
- Gluten / Immune Reactions

Genova GI Effects..... \$500

- Digestion and Absorption
- Inflammation and Immunology
- Gut Microbiome and Ecology
- Infections and Parasites
- Metabolites

GENETICS TESTING:

3x4 Genetics Test.....\$340

- DNA



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